Birth to One

Name:

Date of Birth:

turn and look when I hear my own name.

use my senses to explore a range of materials, sounds and whole-body movements.

make my own sounds when spoken to, such as 'baba' and 'gogo'.

respond to emotions and feelings shown by others.

quieten or respond to speech sounds using gestures or actions.

touch and explore books and I enjoy being read to.

use my senses to engage with others and objects, such as looking at faces or following movement.

seek comfort from familiar adults.

use my arms to indicate when I would like to be picked up and cuddled.

anticipate food routines.

copy facial expressions and imitate sounds I hear.

sit unsupported on the floor and use my hands to explore objects.

use my voice, gestures, eye contact and facial expressions to communicate my needs to others.

recognise my close carers.

roll over onto my side and also onto my front.

repeat actions that have an effect.

seek contact with other people and enjoy being with them.

be soothed or calmed by a familiar adult's presence, voice or touch.

show a range of emotions.

turn my head towards a familiar sound and can accurately locate a range of different sounds.

pick up objects and explore them with my mouth.

hold up my own head.

belly crawl to move backwards and forwards.

reach for, touch, hold and release objects.

open my mouth for a spoon.

engage with images and sounds I see and hear around me.

make more controlled movements with my arms and legs.

react to significant changes in amounts.

recognise some familiar spoken words, gestures and sounds.

create facial expressions and move my body to match other's movements.

I can...

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