Saying Sorry Social Scenario





Saying Sorry



Sometimes at school, I feel upset

Sometimes when I am upset, I do things that hurt other people. I can sometimes be mean to others. I fight with them, call them names or hurt them in some other way.





This can make my friends and teachers sad.



What Should I Do?



Say sorry



Not say sorry.



Well Done! Great Choice!

I can say sorry to someone that I hurt.

Saying sorry can make my friends feel happy again.

My teacher can help me with this.





Hmmm... Let's Think About What Happens If We Do Not Say Sorry

If we do not say sorry, our friends might still be upset.

They might think that we do not like them.

They might think that they did something wrong.

How would you feel if your friend did not say sorry when they hurt you?





When I Need to Say Sorry

I will think about how I hurt the other person.

I will say sorry to my friends when I make them feel bad.

My teacher will help me with this.

My friends will feel happy and we can all play together.



