

Healthy habits

Look at the pictures and circle the healthy habits they represent

	<p>GET ENOUGH SLEEP</p> <p>SLEEP 5 HOURS</p>		<p>EAT CANDIES EVERY DAY</p> <p>EAT HEALTHY FOOD</p>
	<p>PLAY VIDEO GAMES</p> <p>DO EXERCISE EVERY DAY</p>		<p>SPEND TIME WITH LOVED ONES</p> <p>SHARE YOUR THINGS</p>
	<p>PLAY GAMES WITH FRIENDS</p> <p>READ AND LEARN</p>		<p>BE KIND AND GRATEFUL</p> <p>CHAT WITH FRIENDS</p>
	<p>TAKE TIME TO RELAX</p> <p>TAKE TIME TO PLAY ONLINE</p>		<p>WORK ALL DAY</p> <p>DO WHAT YOU LOVE</p>
	<p>TAKE A BATH ONCE A WEEK</p> <p>LOOK AFTER YOUR BODY</p>		<p>DRINK A LOT OF WATER</p> <p>DRINK LITTLE WATER</p>