## What is Pancake Day?



Shrove Tuesday (also known as Pancake Day) occurs on a different date each year. However, it always falls 47 days before Easter Sunday.

The word 'shrove' means to be forgiven for doing wrong.

It is a Christian festival celebrated in many countries across the globe, including the United Kingdom.

Pancake Day is a feast day before the start of Lent on Ash Wednesday.

During Lent, some Christians give something up or abstain for 40 days. Some things given up include rich foods such as butter, sugar and eggs. Shrove Tuesday is their last chance to eat these foods for a while, so that's why many people combine the ingredients to make pancakes!

Pancakes are often topped with delicious foods like berries, chocolate and sometimes savoury options, such as bacon!



Around 52 million eggs are used in the UK to make pancakes on Pancake Day!

