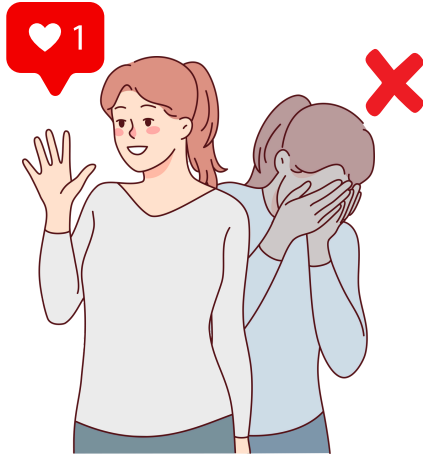


FOR HEALTHY LIVING



Avoid Stress



Brush Your Teeth



Eat Healthy Food



Get Your Sleep



Play Sports



Stay Hydrated