NurseriesAndSchools.org
• Explore • Empower • Decide

LITTLE POPPIES, BIG REMEMBRANCE

EYFS REMEMBRANCE DAY ACTIVITY PACK | AGES 2–5



WHAT IS REMEMBRANCE DAY?

Remembrance Day is a time when people remember those who died in wars and conflicts.

We also think about people who help keep others safe in our communities.



NurseriesAndSchools.org
• Explore • Empower • Decide



Some people wear or display a poppy to remember.

The poppy is a quiet way to say "thank you" and "we remember".



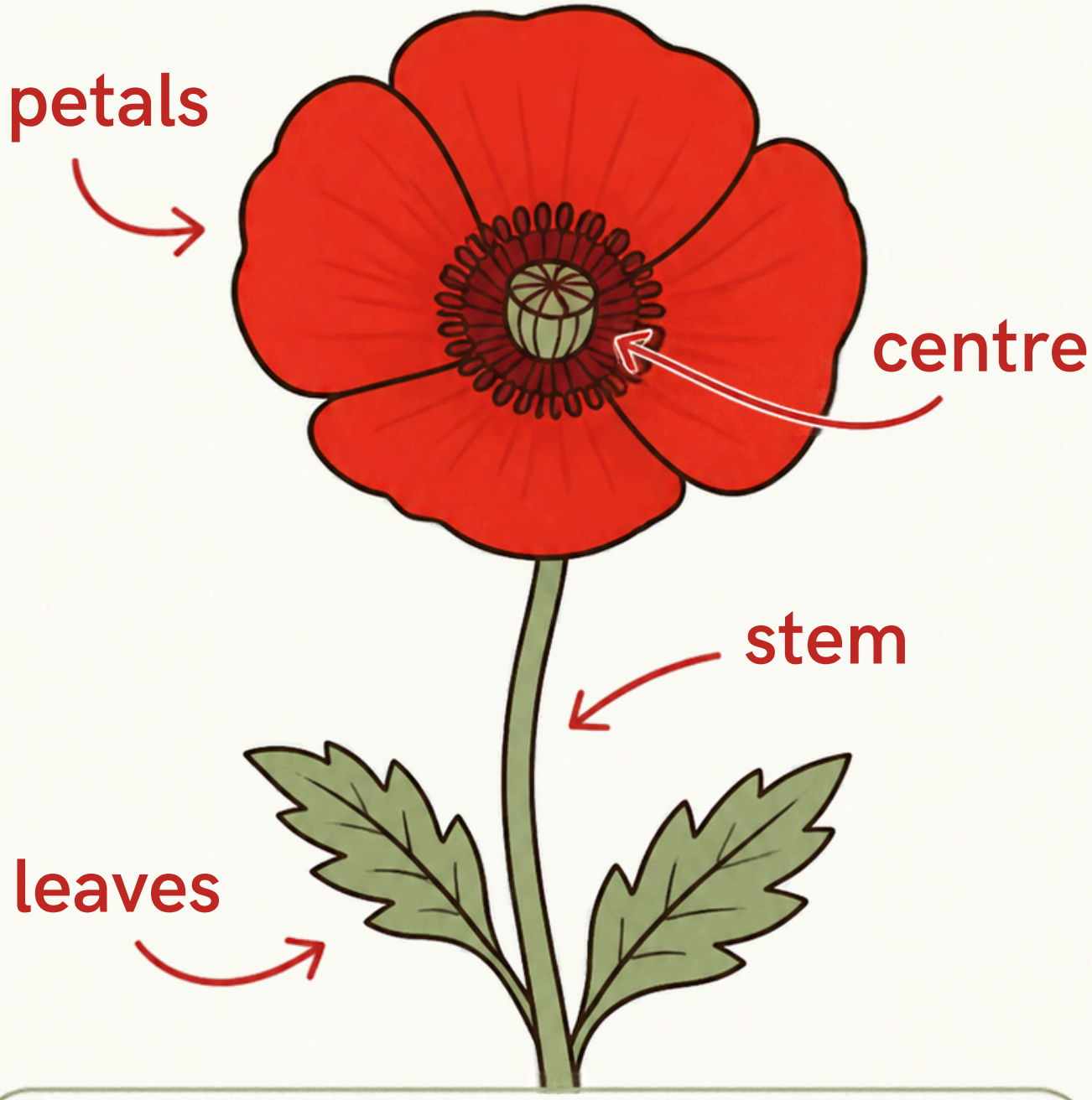
Families may have different ways of observing this day.

Nobody has to take part.

You can ask questions or share your thoughts if you want to.



MEET THE POPPY



Let's explore! Point to each part of the poppy. Name it, sign it or match it together.

NurseriesAndSchools.org
• Explore • Empower • Decide

NurseriesAndSchools.org
• Explore • Empower • Decide

POPPY PICTURE CARDS



red poppy



poppy field



poppy wreath



green leaf



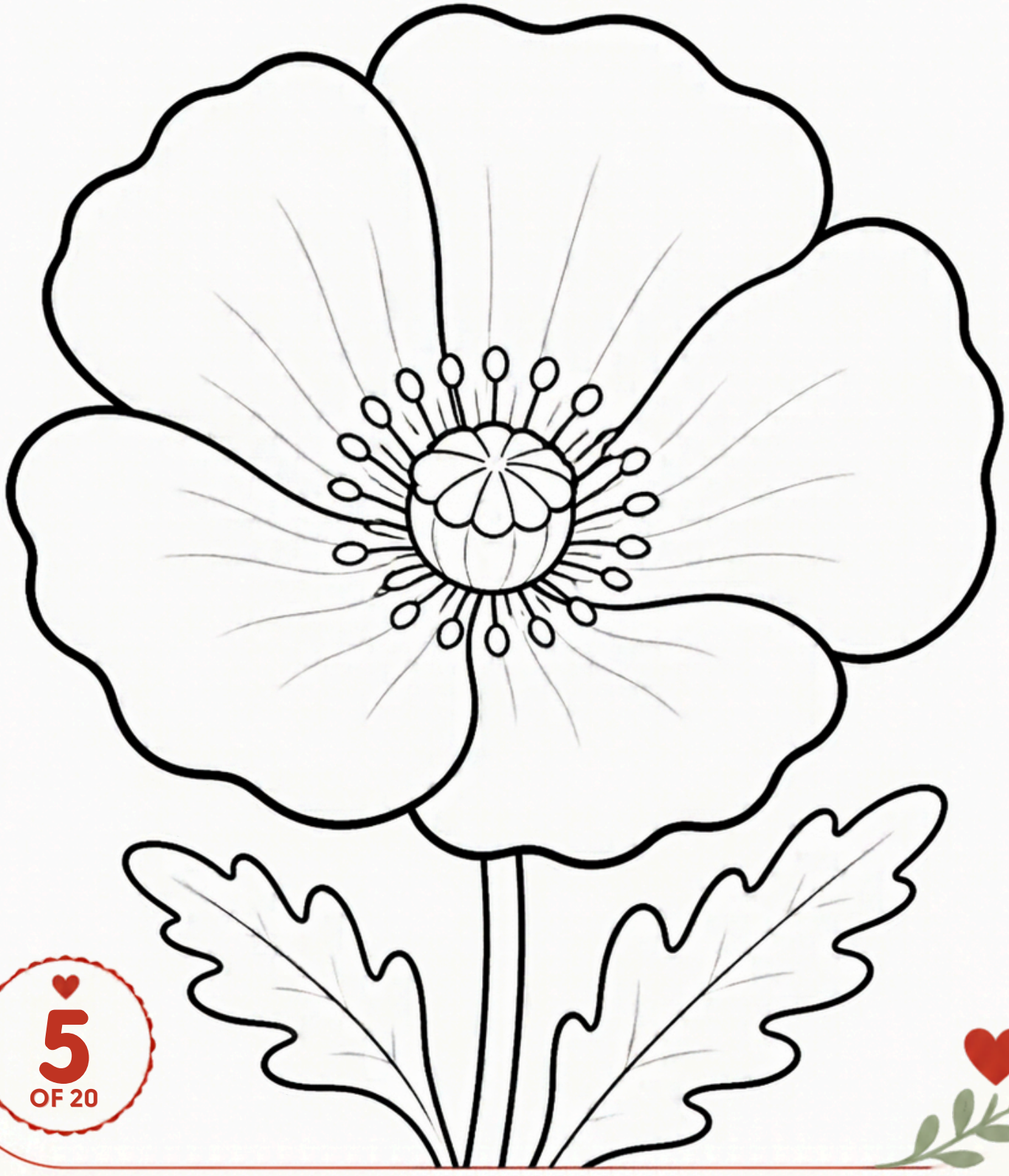
heart



remembrance card

COLOUR YOUR OWN POPPY

Colour the poppy.



DESIGN A REMEMBRANCE WREATH

Decorate your wreath in any way you like. You can draw or colour poppies, leaves and hearts.
Point to choose or use your communication aids to help.

MAKE A PAPER POPPY

Cut and assemble your poppy.

NurseriesAndSchools.org • Explore • Empower • Decide

1 Colour



2 Ask an adult to help cut.



An adult should help with cutting.

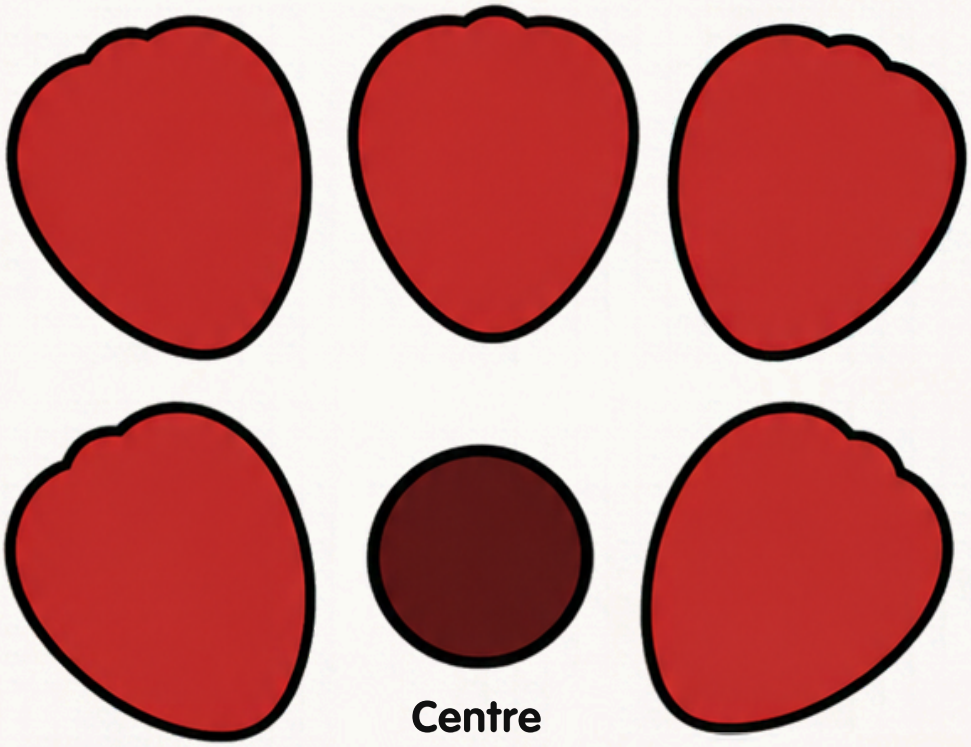
3 Arrange the petals and centre.



4 Add the stem and leaves.



Your poppy pieces

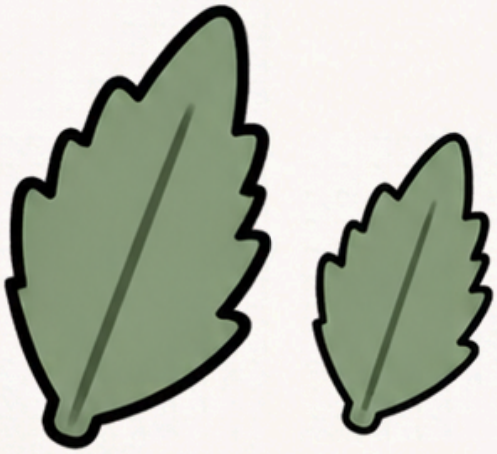


Centre

Petals



Stem



Leaves

You can do this by:

- Pointing
- Matching
- Signing
- Communication aids

COUNT THE POPPIES

Look at each row. Count the poppies.
Find the matching number. Draw a line or point to match.

1. 

2. 

3. 

4. 

5. 

1

2

3

4

5

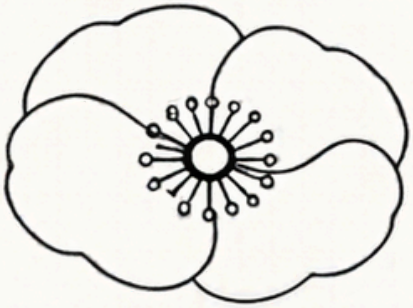
MATCH THE POPPY COLOURS



Adult: Say the colour name.
Can you match the colour to the poppy part?
Draw a line, point or place a counter.



RED
(petals)





GREEN
(leaves)





BURGUNDY
(centre)

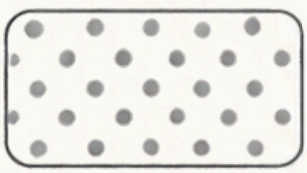


BLACK-AND-WHITE OPTION



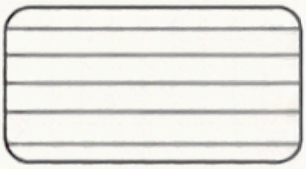
STRIPES
(petals)





DOTS
(leaves)





LINES
(centre)



COMPLETE THE POPPY PATTERNS



Look at the pattern in each row.
Point, choose, match, draw or place a card to complete the pattern.







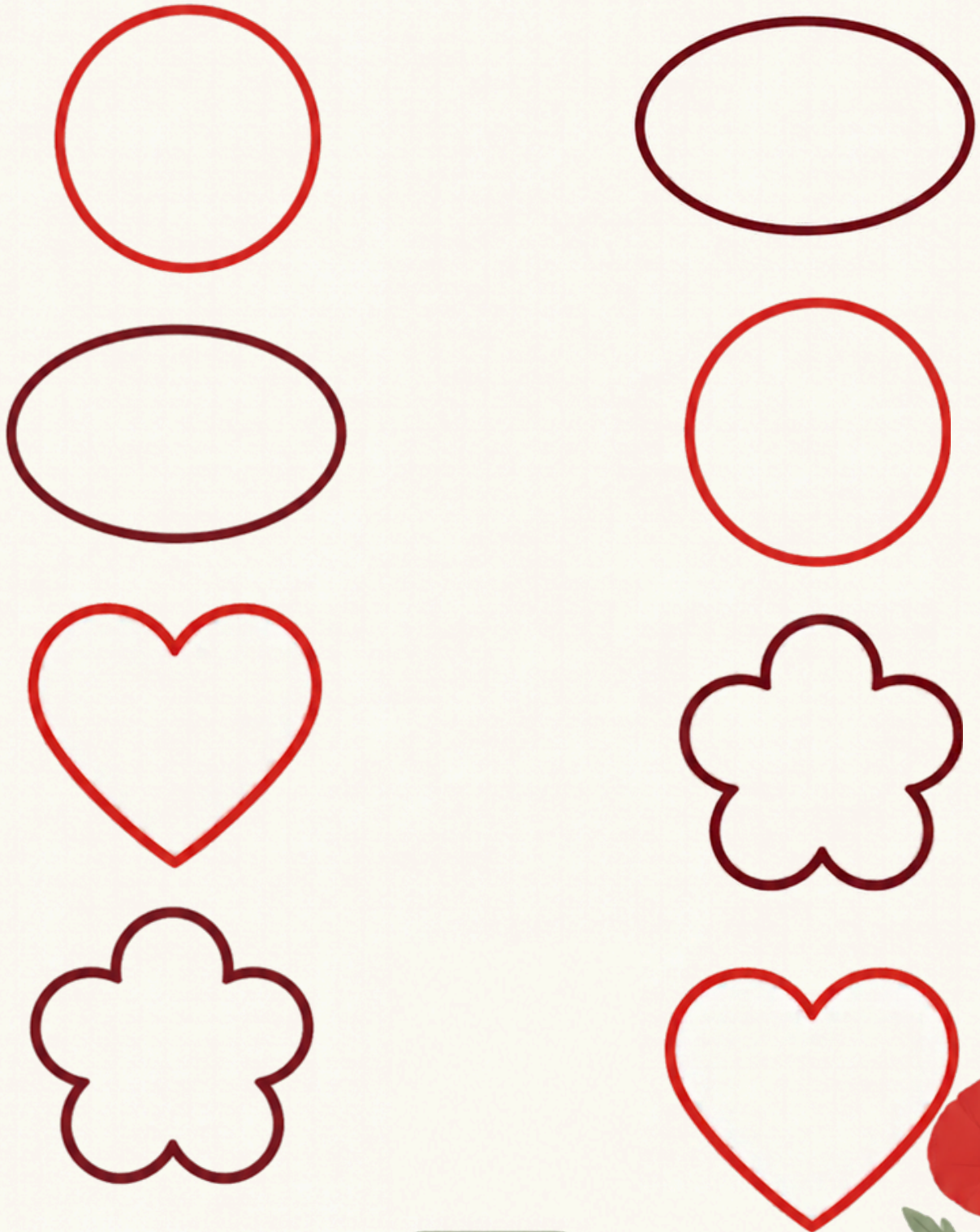


NurseriesAndSchools.org
• Explore • Empower • Decide

POPPY

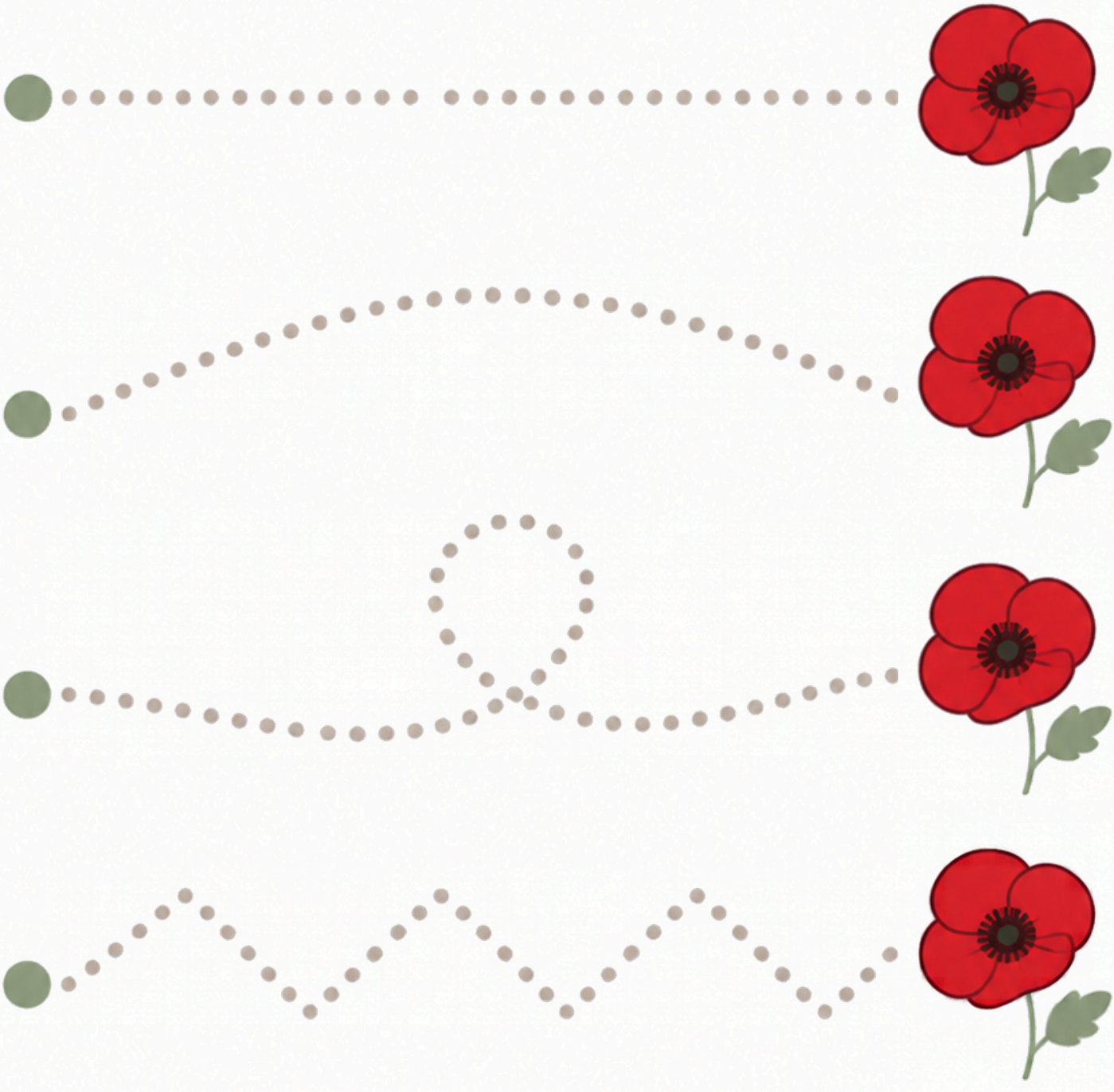
SHAPE MATCHING

Match the shapes that are the same.
Draw a line or point to each pair.



TRACE THE POPPY PATHS

Trace each path from the start to the poppy.
Use your finger, a crayon or a pencil.
You can also point or use a communication aid instead.



MATCH THE POPPY PICTURES

Find the two pictures that are exactly the same.
You can point, draw lines, place a marker, sign or use communication aids.



CREATE A POPPY FIELD

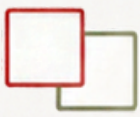


Add your poppies!
You can colour, draw, or add paper poppies wherever you like.



You can show what you need:


point


match


sign


say

MY REMEMBRANCE HEART

What does kindness mean to you?





helping



sharing



caring

There are many ways to respond.
You might draw, make marks, point or share your idea.

LET'S REMEMBER TOGETHER

What can you see?



What colour is the poppy?



#C62828

How can we show kindness?



Who helps us in our community?



Children can answer by talking, pointing, signing, drawing or using communication aids.

MAKE A POPPY CARD

Draw, colour or make marks.



CUT AROUND THE OUTSIDE

-- FOLD IN HALF



A QUIET MOMENT

Taking part is optional.
You can colour, look at the pictures
or have a quiet moment.



NurseriesAndSchools.org
• Explore • Empower • Decide

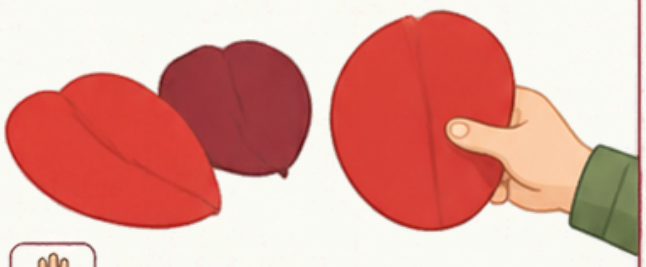
POPPY
SENSORY EXPLORATION

1 EXPLORE RED FABRIC



- Look at the fabric.
- Touch and feel it.
- Smooth, scrunch or gently fold it.

2 FEEL AND ARRANGE LARGE PAPER PETALS



- Pick up a petal.
- Move and arrange the petals.
- Make your own poppy shape.

3 TOUCH SOFT MATERIALS



- Look at each material.
- Touch and feel how it feels.
- Choose your favourite one.

4 LOOK AT OR HANDLE LARGE ARTIFICIAL LEAVES



- Look at the leaves.
- Hold and feel the leaves.
- Notice the shape, size and texture.

Adult supervision is needed.
Use large materials only. Avoid small loose parts and choking hazards.

SENSORY ALTERNATIVES

- You may look.
- You may point.
- You may use a tool.
- You may wear gloves.
- You may choose a different material.
- You may opt out.

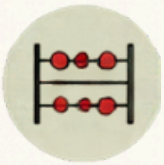
PRACTITIONER GUIDE

Recommended ages: 2–5.
Suggested learning opportunities across the EYFS.



Communication and language.

Talk about Remembrance Day in simple, age-appropriate ways.
Encourage children to share ideas and listen to others.



Early mathematics.

Count poppy shapes, sort by size or colour and notice patterns.
Use language such as more, fewer, same and equal.



Fine motor development.

Use tools and materials to cut, stick, thread and paint.
Encourage control, coordination and careful movements.



Expressive arts and design.

Explore colours, textures and materials to create poppy pictures and models. Sing songs and listen to calm music.



Personal, social and emotional development.

Encourage kindness, respect and empathy. Talk about feelings and how we show thankfulness.



Understanding the world.

Look at the past and how people are remembered.
Notice changes in our community and important events.



SEND adaptations: visual choices, simplified language, adult modelling, additional processing time, larger resources and sensory alternatives.



Cultural sensitivity: Families may have different relationships with Remembrance Day. Participation and discussion should be optional and age-appropriate.



Safety guidance: supervise craft materials, cutting and sensory activities. Use large materials only and avoid small loose parts and choking hazards.