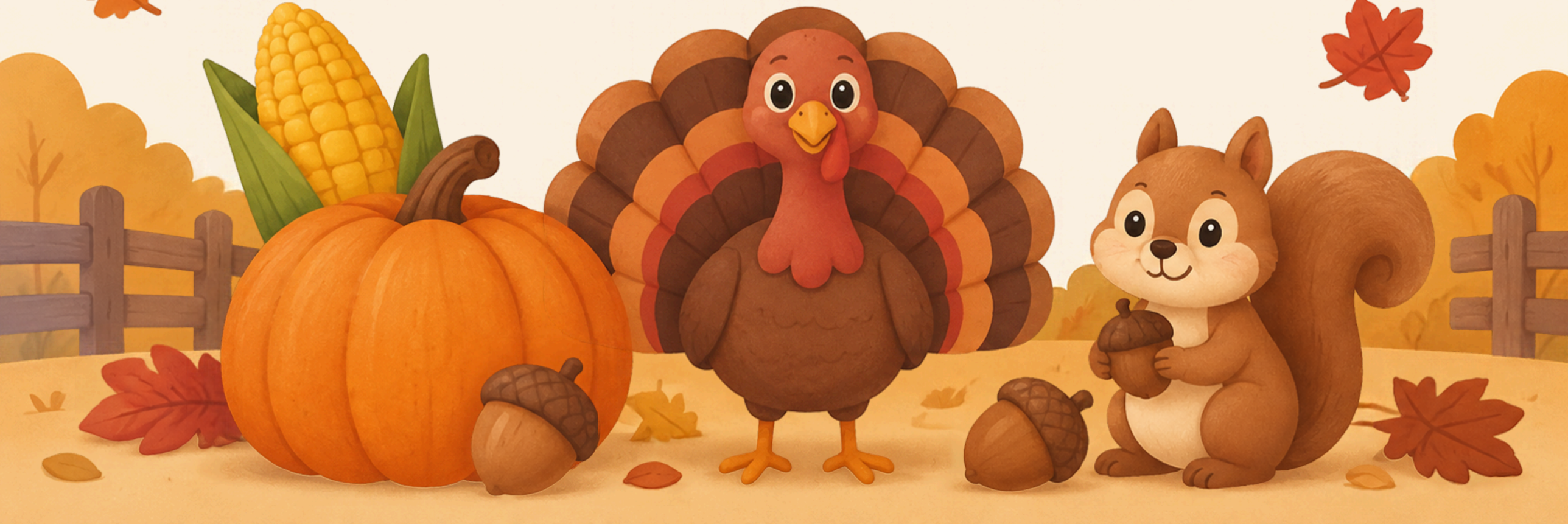
My Thanksgiving Sensory & Activity Pack

A fun, flexible pack for little learners.



Autumn Sensory Exploration

Explore in a way that feels right for you.

You can look, point, or touch with an adult.

It's okay to say 'no' or choose something else.



Adult supervision: use age-appropriate materials and keep small items out of reach.

Match each picture to its colour.

Point, say, or draw a line.

















Count the pictures.

Point, say, or match a number.

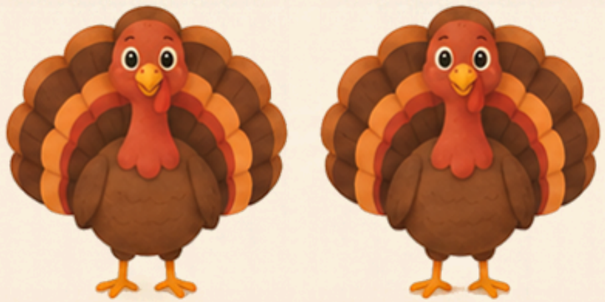




1 2 3



1 2 3



1 2 3

My Feelings Turkey

How might you feel today?

Point, say, or choose a feather.



My day

You can point to what comes next.

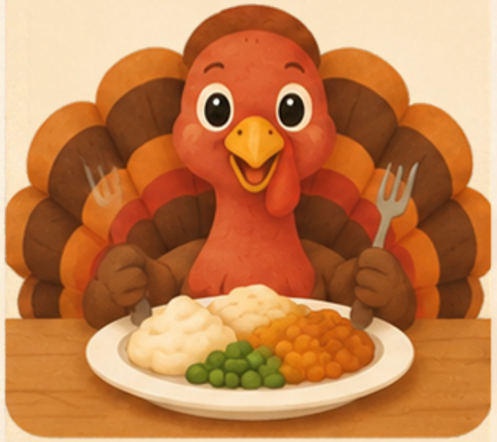
1 Arriving



2 Playing



3 Eating



4 Resting



5 Going home.



My communication cards

Point, gesture, or say what you need.

I want



I need help



more



finished



break



I don’t like this



Look at the pattern.

Choose the feather that comes next.



My calm corner

Breathe in gently.



Breathe out slowly.



Choose: rest, look at a book, or ask for a break.

Find the matching pictures.

Point, say, or draw a line.



My Thanksgiving choices

What would you like?

You can point, gesture, speak, or use a card.

 Pumpkin craft	 Turkey craft	 Snack	 Read a book
 Play with leaves	 Sensory play	 Play with toys	 Colour
 Eat food	 Listen to music	 Take a break	 Something else