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MY EVERYDAY VISUAL INSTRUCTION CARDS

Supporting communication, understanding and independence in the Early Years.



Children Communicate Brighter Futures

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A flexible, positive approach

Visual instruction cards can help all children develop communication, understanding and independence in the Early Years.



Introduce one instruction at a time.

Keep it simple and focused. Add more cards gradually as your child becomes familiar with them.



Pair cards with spoken language and gestures.

Say the same words as on the card and use a clear gesture to help understanding (e.g. point, mime or sign).



Allow children time to process.

Give time for your child to look, think and respond. Some children may need a few extra seconds and that's okay.



Encourage pointing to communicate needs.

Children can point to a card to let you know what they need, even if they are not yet using words.

Visual supports are never a tool for forcing compliance.

Use instruction cards in a positive, respectful and responsive way, following each child's lead and individual needs.

Children Communicate Brighter Futures

Small steps. Brighter days.

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Using cards throughout the day

Simple ways to make visual instruction cards part of your everyday EYFS routines.

Display around your setting



Display relevant cards in key areas, such as the bathroom, cloakroom, meal area and play areas, so children can see and use them independently.

Use during transitions and daily routines



Use the cards to support changes between activities, such as tidy up time, snack time, home time or moving to a new area.

Adapt to individual needs



Adapt the cards to suit each child's communication preferences, such as using fewer cards, larger sizes, signing, or pairing with spoken words.

Small steps. Brighter days.

Visual support helps all children communicate, feel confident and take part in everyday life.

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Support communication and independence

These visual instruction cards help children communicate, understand and take part in everyday life.



Follow each child's communication preferences

Use the cards in the way that works best for each child (e.g. speech, signs, gestures, AAC or pointing).

Use the cards flexibly and positively

Adapt to suit your routine, setting and each child's needs. Keep the experience positive, fun and supportive.

Support communication, understanding and independence

These cards are a tool to empower children, not to encourage complance.

Every child communicates.
Every child belongs.

Brighter Beginnings
Brighter Futures

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LOOK



LISTEN



WAIT



STOP



COME HERE



SIT DOWN

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STAND UP



LINE UP

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WASH HANDS



TIDY UP



PUT ON COAT

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PUT ON SHOES

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EAT LUNCH



DRINK WATER



GO TO THE TOILET



GET READY



LET'S PLAY



READ A BOOK

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DRAW A PICTURE



PAINT



BUILD



SING



DANCE



GO OUTSIDE

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MY TURN



YOUR TURN



SHARE



PLAY TOGETHER

Bloomkidz



GENTLE HANDS

Bloomkidz



ASK FOR HELP