

# HIGH PACK

## Parent Information Presentation

Find out more about this High 5 Pack

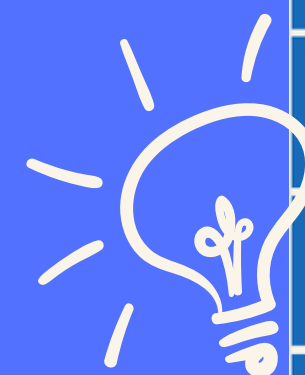


## Family Activity Ideas

Activities to enjoy with the whole family

## Strategies and advice

Develop your child's communication skills while enjoying the family activities



<b>POWER OF WAITING</b> Watch and wait for your child to communicate	<b>BILINGUALISM</b> Use your most comfortable language and give the best language model	<b>GO WITH THE FLOW</b> Follow your child's lead and share their interest
<b>REPETITION</b> Repeat - Repeat - Repeat Repeat words, gestures, routines and activities	<b>SAY IT BACK</b> Acknowledge your child's communication and model correct gestures, language and sounds	<b>K.I.S.S.</b> Keep It Short and Simple Add one extra bit of information
<b>OPEN QUESTIONS</b> Use Who, What, How, Why, How many questions	<b>RULE OF 5</b> 1 question 4 comments	<b>HAVE FUN!</b> Let's see 200 laughs per day
<b>FAMILY FUN</b> Share advice and interests with family and include siblings	<b>SINGING</b> Make up songs for your daily routine Sing them everyday	<b>CREATE OPPORTUNITIES</b> Offer choices or only small amounts of things
<b>GESTURES</b> Use gestures and facial expressions with spoken words	<b>AT CHILD LEVEL</b> Be face to face Watch what they are interested in	<b>BE SILLY!</b> Be silly with toys, your facial expression, voice, actions and words



## Where can I find the High 5 Pack?

Use this QR code to access the pack  
Click on the High 5 Tab on our webpage

## Contact us

Hounslow Speech and Language Therapy



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